

Region Cross Country Championships

Region 5 A-AA, Region 6 AAA, Region 6 A-AA, Division II Class A

Thursday, **October 29th 2015** Percy Warner Steeplechase Course

Meet Schedule:

DI 5 A-AA Girls - **8:00AM**

DI 5 A-AA Boys - **8:40AM**

DI 6 AAA Girls - **9:20AM**

DI 6 AAA Boys - **10:00AM**

DI 6 A-AA Girls - **10:40AM**

DI 6 A-AA Boys - **11:20AM**

DII Class A Girls - **12:00PM**

DII Class A Boys - **12:40PM**

Awards will be given between each class/division of races as results are completed.

All-Comers **Boys 1:20PM** followed by **Girls** (two minute stagger) **1:22PM**
(JV Races Unofficial)

Entry Forms:

Please use the entry form attached and follow the instructions at bottom of form, very important!

Hard Copy via Email (preferred) or Fax Entry forms and Entry fees are due by Midnight Monday, October 26th, 2015.

Reminder there is a **\$25.00** per day fine for late entries. **This WILL be enforced!**

Late entries are a huge problem; your help is greatly appreciated!!!

Late is defined as after **12:00AM on 10/26/15**, this includes entry fee payment as well as online Alltraxtiming.com/mailed/faxed or emailed registration methods!

Send one copy of your entries to:

Executive Director: Richard McWhirter

TSSAA Fax#: **615-889-0544**

3333 Lebanon Road

Hermitage, TN 37076

Phone: 615-889-6740

By email (Preferred):

tamotta2007@yahoo.com

OR

Fax one copy to:

615-262-6957

Attn: Anthony Motta

VERY IMPORTANT!!!!!!!!!!!!!!

In addition to mailing/faxing your entries to TSSAA and Emailing your entries to tamotta2007@yahoo.com / Faxing **615-262-6957 Attn: Anthony Motta**, you MUST go to: www.alltraxtiming.com and submit your entries online, which will be available as of **8:00am, 10/1/15.**

Region Fees:

All Boys (Teams) - **\$70.00**

All Girls (Teams) - **\$70.00**

*Please understand that there will be no exceptions in fees for just a few runners. **If you have an entry in a division period, the fee applies.**

Please make checks payable to: **Region XC**

Mail checks to: **(Please mail by Monday 10/19/15) to allow arrival prior to the Deadline of 10/26/15 at Midnight!**

Mail Registration Fees To:

Anthony Motta

8122 Valley Oak Dr.

Brentwood, TN 37027

The **DEADLINE** for ALL ASPECTS OF REGISTRATION will be 10/26/15 at

MIDNIGHT! LATE IS 12:01AM on 10/27/15! Please take care of registration early!

Please review information pertaining to cross country in the 2015-2016 TSSAA Handbook. Also, access this information on the TSSAA website at www.tssaa.org. Coaches and athletes are responsible for knowing the rules!

**Tennessee Secondary School Athletic Association
CROSS COUNTRY ENTRANCE BLANK**

I certify that the students whose names appear below are eligible to represent our high school in the TSSAA Cross Country Meet, which will be held at Steeplechase under the direction of Anthony Motta.

GIRLS		BOYS	
Name	Grade	Name	Grade
1. _____	_____	1. _____	_____
2. _____	_____	2. _____	_____
3. _____	_____	3. _____	_____
4. _____	_____	4. _____	_____
5. _____	_____	5. _____	_____
6. _____	_____	6. _____	_____
7. _____	_____	7. _____	_____
8. _____	_____	8. _____	_____
9. _____	_____	9. _____	_____
10. _____	_____	10. _____	_____

Date: _____

Principal: _____

School: _____

Coach: _____

The meet director is instructed to admit no team or runner until this form has been filed with him/her and with the state office. If any contestant listed on this sheet qualifies for the State Cross Country Meet, the director shall mark off the names of all contestants that fail to qualify and forward this form to the director of the state meet.

Email/Fax one copy to the Meet Direct, mail/fax a copy to the Executive Director TSSAA, 3333 Lebanon Road, Hermitage, Tennessee 37076, and keep a copy for school record.